

# DISCIPLESHIP



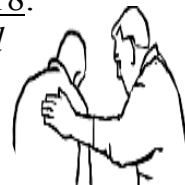
## Lesson 4 Talking It Over With Jesus



Jesus is definitely someone you can talk with!! The Bible tells us that when he was out in that wilderness facing down the devil he was “*tempted in all points like as we, yet without sin!*” (Hebrews 4:15) Jesus knows what you’re going through and how to get you out of it! James 1:5 says, “Ask God” if you want to understand what it all means. But many of us are in too big of a hurry to do prayer the right way!

**Pray with Purpose!** In Lesson 2 we said the Lord’s Prayer is a ‘model’ of how you can pray. Jesus didn’t tell them, “Say this”, but rather, “Say something like this” (“*after this manner*” - Mat 6:9) It is a great prayer, and most churches are right to include it in their services, but don’t just repeat words, speak with sincerity from your heart!! Read **Philippians 4:6-7**. First thing it says is “Don’t worry - just tell God everything”, then it says “Thank him for what you know he is going to do for you.” And finally, if you pray this way you will have peace for your emotions and your thoughts! (“hearts and minds” = what you feel and think)

**Pray with Petitions!** Prayer is not just about you but also about a lot of people counting on you to go to God on their behalf! Read **Ephesians 6:18**. Now consider this version from The Message Bible, “*Pray hard and long. Pray for your brothers and sisters. Keep your eyes open. Keep each other’s spirits up so that no one falls behind or drops out.*” We’re in this together - let’s help each other get to heaven!!!



**Pray with pause!** Don’t do all the talking! God also has some things to say. He told King David to “*Be still and know that I am God*” (Psalms 46:10) Many people pray - say “Amen” - then walk away just as the Lord is about to tell them something! Yes, the Lord does speak to us through his Word. and in our experiences, but there are times God may just want to tell you something directly! Let’s read **1Samuel 3:1-10**, of when



Samuel was just a young boy working in the temple. God called to him in the night and at first Samuel didn’t know who it was. Finally, when he did, Sam said, “*Speak, for thy servant heareth.*” We need to do the same!!

**Pray with praise!** Psalms 103:1 says, “*Bless the Lord, O my soul: and all that is within me, bless his holy name.*” Then it goes on for twenty-one more verses talking about all the wonderful ways the Lord has been so good to us! (Read verses **2-5** now.) You can’t help but praise God for what He has done, is doing, and will do! Let prayer be full of praise!!



**Memorize:** from **Philippians 4** “**Don’t worry - tell God everything - then thank Him**”