

First Aid

Lesson 1 Staying Safe



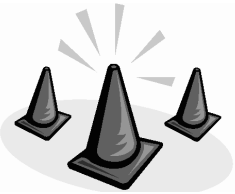
First Aid is what to do **first** when someone gets hurt! Many kinds of injuries require trained help, such as ambulance drivers, policemen, or lifeguards. But whatever you can do will be a big help, too, and even could save someone's life! Wow!! Then you will be a hero and even earn a special award to wear.

Nobody wants to get hurt. But sometimes we do things that may hurt us. That is called 'taking chances' or 'risks'. Some day you may have to do something risky (maybe to help rescue someone else) but most of the time boys do it to just show off!



What do you think about this boy? He sure is going fast. Maybe he is going down a hill and will keep going even faster. It may seem fun right now but what might happen if a car pulls in front of him? What other things could happen?

These cones tell us to '**Be Careful!!**' It would be nice if there were cones everywhere because we should always be careful. But sometimes boys (and men) do things in a hurry, are not careful, and get hurt. What do you see wrong in these pictures?



To be careful is a full time job! But when an accident happens we need to be ready to do the right thing. That is what these lessons are about!



Before Next Time learn this verse: "Walk in thy way safely and thy foot shall not stumble" - Proverbs 3:23