



# First Aid



## SKILL EVALUATION

Crew Chief: Answers to the following questions may be done orally or written.

1. If you get bumped or bruised what should you do? \_\_\_\_\_ , \_\_\_\_\_ , and \_\_\_\_\_
2. Tell how Wipe, Height, and Ice helps for a bump or bruise.
3. What is the most dangerous place for you to get hit? \_\_\_\_\_
4. If you get cut what should you do first? \_\_\_\_\_
5. When bleeding real fast what do you do? \_\_\_\_\_
6. Soon as you can you need to \_\_\_\_\_ the wound gently with \_\_\_\_\_ and \_\_\_\_\_
7. Any band-aid or bandage should not be too \_\_\_\_\_
8. What can happen if a blister breaks open? \_\_\_\_\_
9. How can you protect a blister from breaking? \_\_\_\_\_  
\_\_\_\_\_
10. What should you do first to help a burn? \_\_\_\_\_
12. What can cause a 'slow burn'? \_\_\_\_\_
13. If you break a bone, what is the most important thing to do? \_\_\_\_\_  
\_\_\_\_\_
14. "Walk in thy way \_\_\_\_\_ and thy foot shall not \_\_\_\_\_"  
Proverbs \_\_\_\_\_
15. "God heals the brokenhearted and \_\_\_\_\_"  
\_\_\_\_\_ 147:3
16. "Jesus said: I am \_\_\_\_\_" Matthew \_\_\_\_\_  
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Congratulations!! \_\_\_\_\_ You are now eligible to wear the skill patch for **FIRST AID** which you may proudly display on your uniform. Be ready to apply this new skill where you may do good for yourself and others, and also to bring honor to your Lord, our source of wisdom and blessing!!

\_\_\_\_\_  
Crew Chief

\_\_\_\_\_  
Date