

# Water Safety

## Lesson 4 Safety Gear for Safe Water Fun



Lifejackets are not just for those who can't swim. They are also very important for anyone who will be engaged in vigorous activity on the water.



**Have it on - Not just onboard !!**



This sporty jacket (a Type-3, often called a “ski-vest”) is handy to help you float, and will protect your chest and back. But if you are seriously hurt or become too tired to keep your head above the water this one will not help enough.

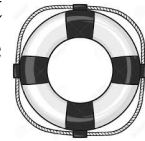


This kind (the Type-2) will help you float or swim but will also turn your body so you remain face up. That will be very important if you get hurt falling overboard or have to be in the water a long time!



The most protection (a Type-1) is even better because it covers you front and back, helping you float and also to keep warm! Every boat that goes to sea (far from land) or is travelling water that is cold or in a winter-like season should have one of these for all aboard.

The Type-4 “life ring” or seat cushion can help a person float and are easy to toss to someone in trouble (have a line attached to reel them in.) **BUT THEY ARE NOT ENOUGH!** You still need one of the above ones for all onboard!



Other safety gear includes shoes and gloves that will make activity around corals and also thick grass (where spiny urchins may be) less painful when your time in the water is over. Use a diving mask when under the water so you can see what you're doing and who's watching you do it! [Hint: see Lesson 2 again!] Important: don't forget sunscreen or protective clothing (shirt, hat). All shades of skin will suffer from too much sun. **BE WISE AND DON'T FRY!!!**

***Practice  
what you  
know***

Recite together or one at a time: **Isaiah 40:31**

Write or Recite our Safety Saying: \_\_\_\_\_

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